

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The Barishal Travels & Tours

(Hajj License No : 0225)

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Introduction

- ➡ Hajj Training/Workshop
- ➡ **Objective:** Prepare the pilgrim guiding step by step
- ➡ Islamic Guidelines, Rules & Practical Tips

Overview of Hajj

➡ Definition of Hajj:

Hajj is an obligatory act of worship performed at the House of Allah during a specified time, following prescribed rituals.

➡ Conditions for Hajj to Become Obligatory

➡ Importance and Virtues of Hajj



Hajj at a Glance

The Fard, the Wajib, and the Five-Day Journey



3 Fard acts • 4 sacred sites • 5 days • 6 Wajib acts — together, these complete the Hajj

The 3 Fard (Obligatory) Acts



1
Ihram
Entering the sacred state



2
Wuquf at Arafah
Standing at Arafah



3
Tawaf-e-Ziyarat
Circling the Kaaba

The 6 Wajib (Necessary) Acts



1
Muzdalifah
Night stay



2
Rami
Stoning the Jamarat



Qurbani
The sacrifice



Halq
Shaving the head



5
Sa'i
Safa—Marwah walk



Tawaf-e-Wida
Farewell Tawaf

Day 1 • 8 Dhul Hijjah
Makkah → Mina

Ihram
Put on Ihram in Makkah, travel to Mina

Dhuhr prayer in Mina

Asr prayer in Mina

Maghrib prayer in Mina

Isha prayer in Mina

Night stay + voluntary worship in Mina

Day 2 • 9 Dhul Hijjah
Mina → Arafah → Muzdalifah

Fajr in Mina, depart for Arafah

Dhuhr prayer at Arafah

Wuquf at Arafah
Stand & supplicate till sunset

Depart for Muzdalifah after sunset (no Maghrib yet)

Maghrib + Isha combined; collect 70 pebbles

Night stay at Muzdalifah

Day 3 • 10 Dhul Hijjah
Muzdalifah → Mina

Fajr at Muzdalifah, depart for Mina after sunrise

Rami
7 pebbles at the Big Jamarat

Qurbani
Offer the sacrifice

Halq
Shave or trim the head

Tawaf-e-Ziyarat
In Makkah

Sa'i
Between Safa & Marwah

Return, night stay in Mina

Day 4 • 11 Dhul Hijjah
Mina

Rami
7 pebbles — Small Jamarat

Rami
7 pebbles — Middle Jamarat

Rami
7 pebbles — Big Jamarat

Complete Tawaf-e-Ziyarat if not yet done

Night stay + voluntary worship in Mina

Day 5 • 12 Dhul Hijjah
Mina → Makkah

Rami
7 pebbles — Small Jamarat

Rami
7 pebbles — Middle Jamarat

Rami
7 pebbles — Big Jamarat

Leave Mina before sun set

Tawaf-e-Wida
Farewell Tawaf before heading home

- Fard — obligatory, Hajj is incomplete without it
- Wajib — necessary, missing it requires compensation
- Key ritual moment of the day
- Prayer, travel, or rest

“**RECITED WHILE STONING EACH JAMARAT**
“Bismillāhi Allāhu Akbar” — “In the name of Allah, Allah is the Greatest.”

THE TALBIYAH — RECITED THROUGHOUT IHRAM
“Labbayk Allāhumma Labbayk, Labbayka lā sharika laka Labbayk.””



This is a simplified overview for general understanding — confirm ritual details with a qualified scholar or your Hajj group leader.

Types of Hajj

☞ Hajj Three Types:

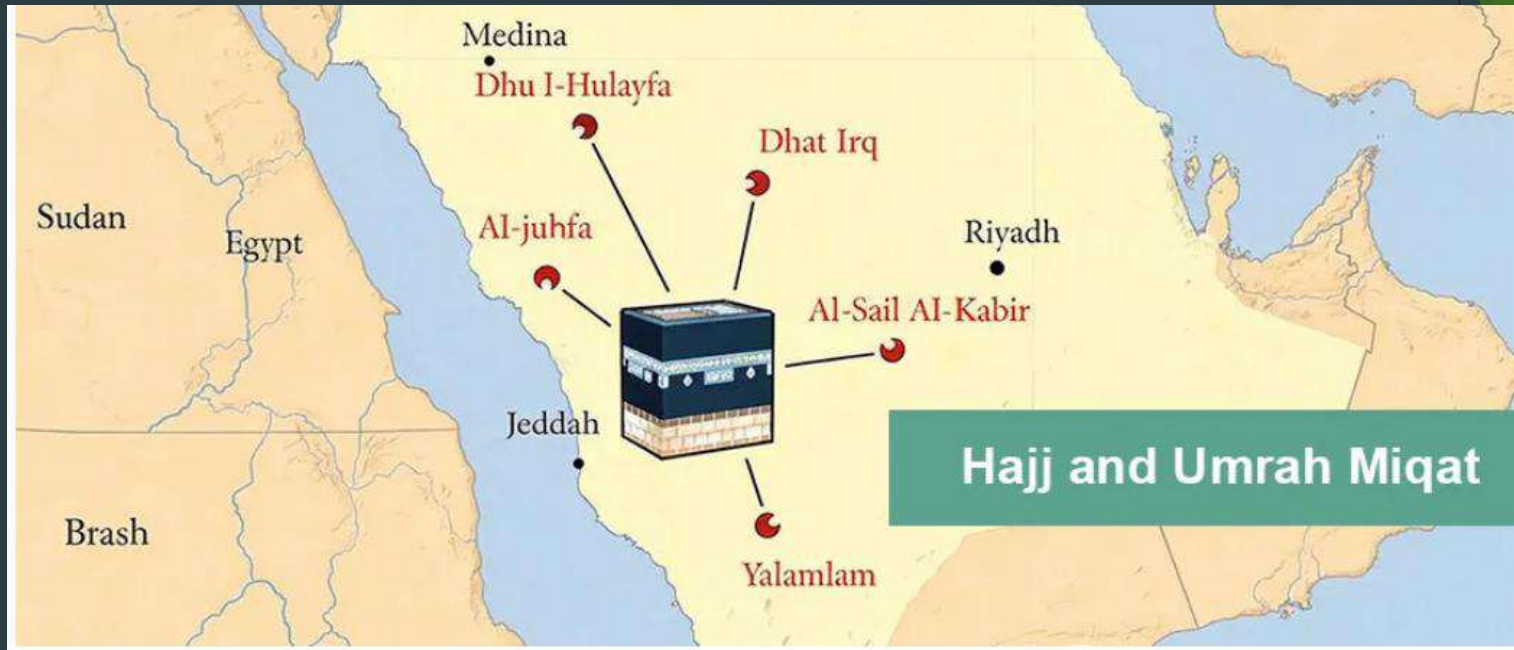
- ▶ **Tamattu** — Umrah first then Hajj (Wearing Ihram twice)
- ▶ **Qiran** — Same Ihram hajj and Umrah Together
- ▶ **Ifrad** — Only Hajj (No Umrah)

Why Tamattu' Hajj?

➡ Why Choose Hajj Tamattu?:

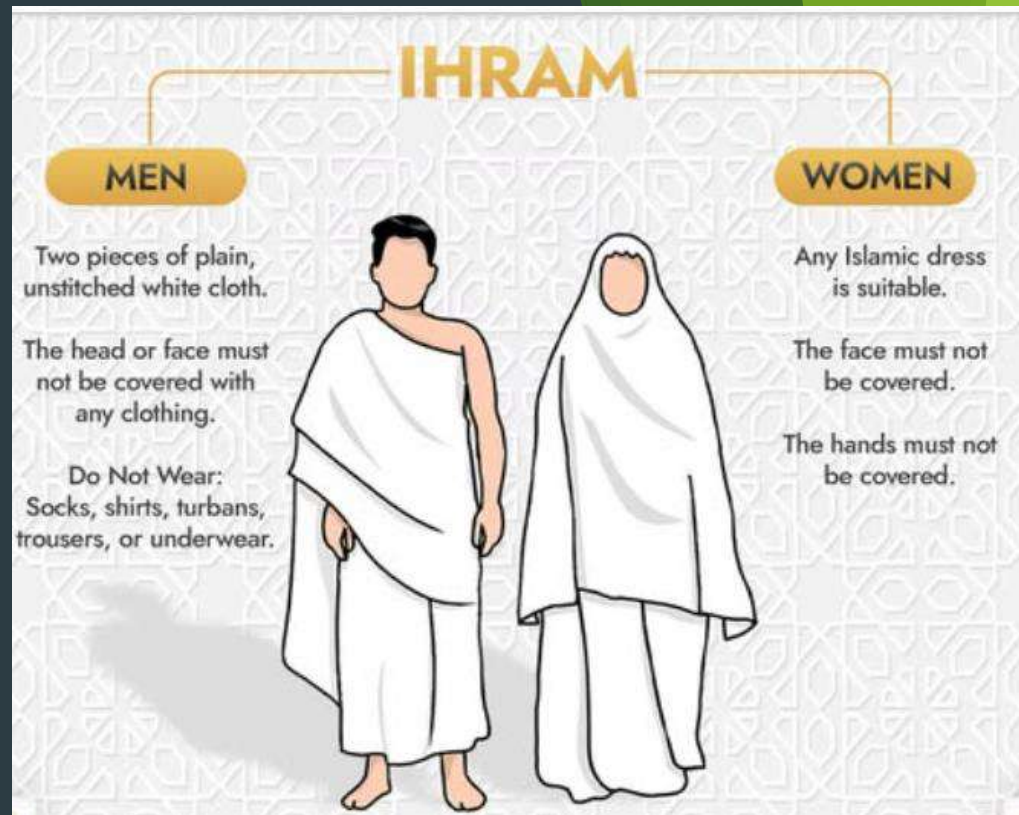
- ▶ It is **easy and convenient**, especially for pilgrims travelling from outside Makkah.
- ▶ **Umrah and Hajj are performed separately**, reducing physical exhaustion.
- ▶ Pilgrims **do not remain in the state of Ihram for an extended period**.
- ▶ It is a **Sunnah-based method** that was instructed and approved by the Prophet Muhammad ﷺ
- ▶ **Most Hajj guides and travel agencies recommend Hajj Tamattu** for its practicality and ease.

Miqat



- **Miqat:** Miqat is the designated boundary beyond which pilgrims must enter the state of Ihram.
- Entering Ihram is mandatory before crossing the Miqat.
- ▶ **Miqat for Bangladeshi:** Yalamlam — Enter Ihram on the Plane

Ihram



- **Ihram:** State of Purity; A sacred state in which a pilgrim must refrain from certain prohibited acts while in Ihram.
- **Nine Prohibited Acts :** Cutting hair, trimming nails, using perfume, wearing stitched clothing (men), covering the head (men), marriage, hunting, and marital relations.
- **Mustahabb (Recommended) :** Speak kindly and gently, Avoid arguments and disputes.

When Should I Enter Ihram?

- ▶ Enter Ihram before crossing the Miqat.
- ▶ Air travellers usually enter **Ihram during the flight** before the Miqat, although many wear the Ihram garments at the airport before departure.

✋ Before Entering Ihram

- ▶ **Perform Ghusl or Wudu** - Cleanse and purify yourself.
- ▶ **Trim your nails and complete personal hygiene** before entering Ihram.
- ▶ **Men:** Wear the two-piece unstitched white Ihram garments.
- ▶ **Women:** Wear your regular modest Islamic clothing.
- ▶ **Apply perfume (before Ihram only)** - Perfume must not be used after entering the state of Ihram.
- ▶ **Pray two Rak'ahs of Nafl Salah** (if possible).
- ▶ **Make the intention (Niyyah)** for Hajj or Umrah.
- ▶ **Recite the Talbiyah** and begin the state of Ihram.

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ...

Essential Duas for Hajj

- Niyyah for Umrah
- Niyyah for Hajj
- Talbiyah
- Dua during Tawaf
- Dua for Safa and Marwah (Sa'i)
- Dua of Arafah
- Other Recommended Duas

👉 **Essential Dua link:**

► **Bangla:**

<https://docs.google.com/document/d/1uxJCvj2uZ4ZvS9nfKJZfoEruavxDmJad/edit?usp=sharing&ouid=105580430513413454260&rtpof=true&sd=true>

► **English:**

https://docs.google.com/document/d/1c_JtbWLUf2Bht1FxKHwHHglWRBsr43IS/edit?usp=sharing&ouid=105580430513413454260&rtpof=true&sd=true

Fard, Wajib, Sunnah

Section

Rituals

Rulling

Fard - 3

Entering Ihram (Making the Niyyah) Standing at Arafah (Wuquf at Arafah) Tawaf al-Ifadah

Omitting any of these three pillars invalidates the Hajj.

Wajib - 7

Entering Ihram at the Miqat, Staying overnight at Muzdalifah, Stoning the Jamarat, Offering the sacrificial animal (Hady) (*for Hajj Tamattu and Qiran*), Shaving or trimming the hair, Performing Sa'i, Farewell Tawaf (Tawaf al-Wada')

If a Wajib act is omitted, a Dam (sacrificial animal) must be offered as compensation.

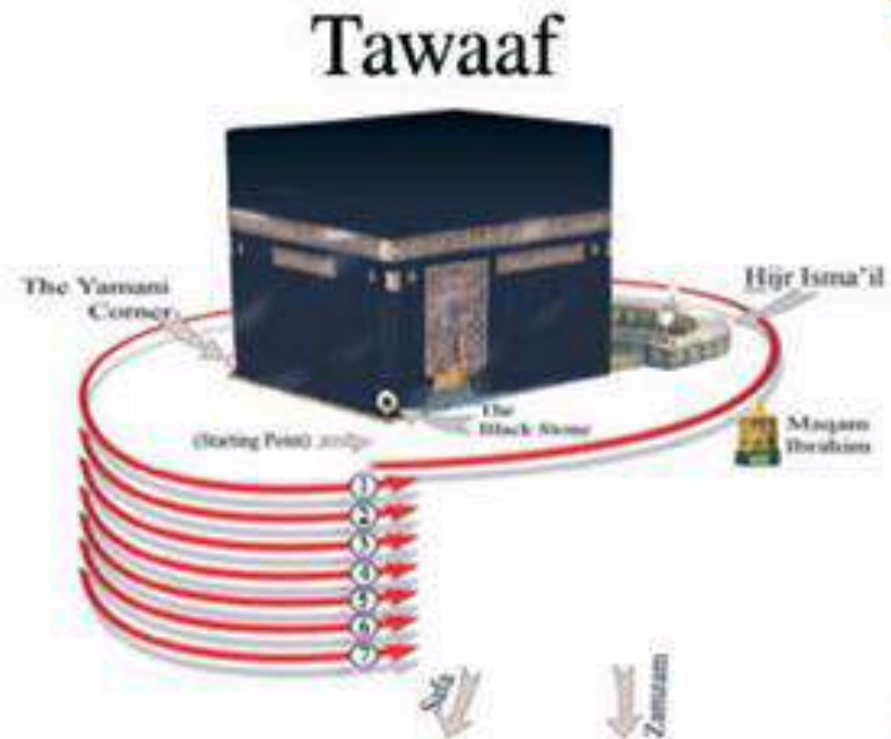
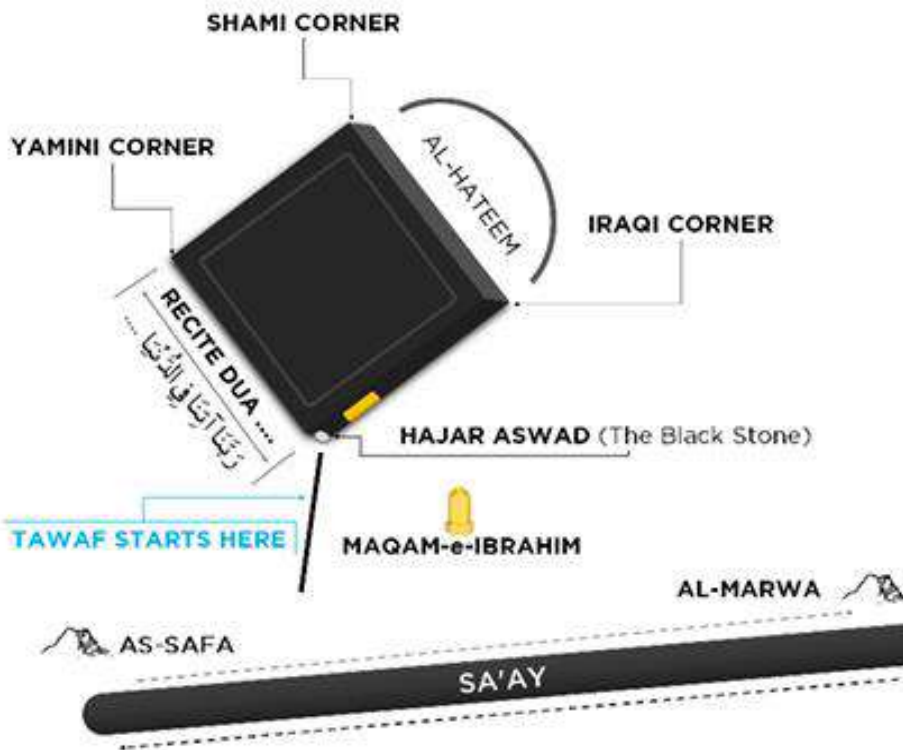
Sunnah
(Some example)

Perform Tawaf al-Qudum (*for Ifrad and Qiran*) or Umrah Tawaf (*for Tamattu*), Stay in Mina on the 8th of Dhul Hijjah, Spend the nights of the 11th and 12th of Dhul Hijjah in Mina, Recite the Talbiyah frequently Perform, Raml and Idtiba (*for men during the appropriate Tawaf*), Shave the head (*recommended for men; better than trimming*), Make Dua after stoning the Jamarat (*where prescribed*), Face the Qiblah and make abundant Dua at Arafah

If a Sunnah act is omitted, the Hajj remains valid, but the reward is reduced.

Umrah Steps

Ihram → Tawaf → Sai' → Halq



Tawaf Step by Step

- **Begin Tawaf at the Black Stone (Hajar al-Aswad)**, marked by the **green light**, saying:

"Bismillahi, Allahu Akbar" (*In the name of Allah, Allah is the Greatest*).

- **Perform Istilam of Hajar al-Aswad:**

- If possible, **kiss or touch** the Black Stone.

- If not possible, **point towards it** and say **"Allahu Akbar."**

- **Keep the Ka'bah on your left** and complete **seven circuits**.

Two Sunnah Practices During Tawaf (For Men)

- **Raml:** Walk briskly during the **first three circuits**.

- **Idtiba:** Keep the **right shoulder uncovered** throughout the Tawaf.

During Tawaf

- Engage in **Dua, Dhikr, and recitation of the Qur'an**.

- Between **Rukn al-Yamani** and **Hajar al-Aswad**, recite:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

"Our Lord, grant us good in this world and good in the Hereafter, and protect us from the punishment of the Fire." (*Qur'an 2:201*)

After Completing Tawaf

- **Pray two Rak'ahs behind Maqam Ibrahim (if possible):**

- **1st Rak'ah:** Surah Al-Kafirun

- **2nd Rak'ah:** Surah Al-Ikhlās

- **Drink Zamzam water**, as it is Sunnah, and make heartfelt **Dua**.

- All the dua in the link given before

Sai' (Safa - Marwa)

- ▶ Seven circuits
- ▶ Safa → Marwa = 1st Circuit
- Marwa → Safa = 2nd Circuit
- Starting at Safa, Finishing at Marwa
- ▶ During Sai'
- ▶ Dua during Sai (All duas are in the link mentioned before)
- ▶ Run between two Green Light (For Men)
- ▶ Engage in dua and Zikir during Sai'
- ▶ It is Mustahab to pray two rakat after sai'



Halq/Taqsir

- ▶ Men: Shaving is the head; Shaving the head (Halq) is more virtuous than trimming the hair (Taqsir)
- ▶ Women: Trim the hair by approximately one fingertip's length.

Starting of Hajj: 8th Dhul Hijjah

- ❧ Enter into Ihram
- ❧ Recite Talbiya
- ❧ Head Towards Mina

Staying at Mina on 8th Dhul Hijjah

- ❧ Spend time in Ibadah
- ❧ 5 waqt Salah
- ❧ Dua, Tilwah, Rest

9th Dhul Hijjah

∞ 9th Dhul Hijjah Day of Arafah

Main part of the Hajj; ‘Hajj is Arafah’

∞ Standing at Arafah

(Wuquf Arafah) — It is Fard of Hajj

∞ Increase in dua, zikir and do tawba

∞ Duhr & Asr together and Qasr

∞ Stand at Arafah Until Sunset

Muzdalifah - Night of 9th Dhul Hijjah

- ❧ Spending night at Muzdalifah is **wajib**
- ❧ Pray Magreeb & Isha together and Qasr
- ❧ Collect 70 stones for Jamarat
- ❧ Do **Dua and Zikie**
- ❧ Pray Fazar in Muzdalifah
- ❧ Move towards Mina before sunrise

- ➡ 10th Dhul Hijjah: Big Jamarat - **7 stones**
- ➡ 11th Dhul Hijjah: 3 jamarats **21 stones** (7+7+7)
- ➡ 12th Dhul Hijjah: 3 jamarats **21 stones** (7+7+7)
- ➡ 13th Dhul Hijjah(Optional): 3 jamarats **21 stones** (7+7+7)
- ➡ **Total = 70 stones**

10th Dhul Hijjah

10th Dhul Hijjah (Yawmun nahr, Day of Sacrifice/ Day of Eid))

4 acts on 10th of Dhul Hijjah:

1. Rami - Stoning Jamaratul Aqaba (7 stones only)
2. Qurbani
3. Halq/Taqsir
4. Tawaf a Ifada / Tawaf a Ziyarah

After offering the Qurbani and shaving or trimming the hair, most of the restrictions of Ihram are lifted (Partial Tahallul).

10th Dhul Hijjah

10th Dhul Hijjah - Coming to Macca from Mina

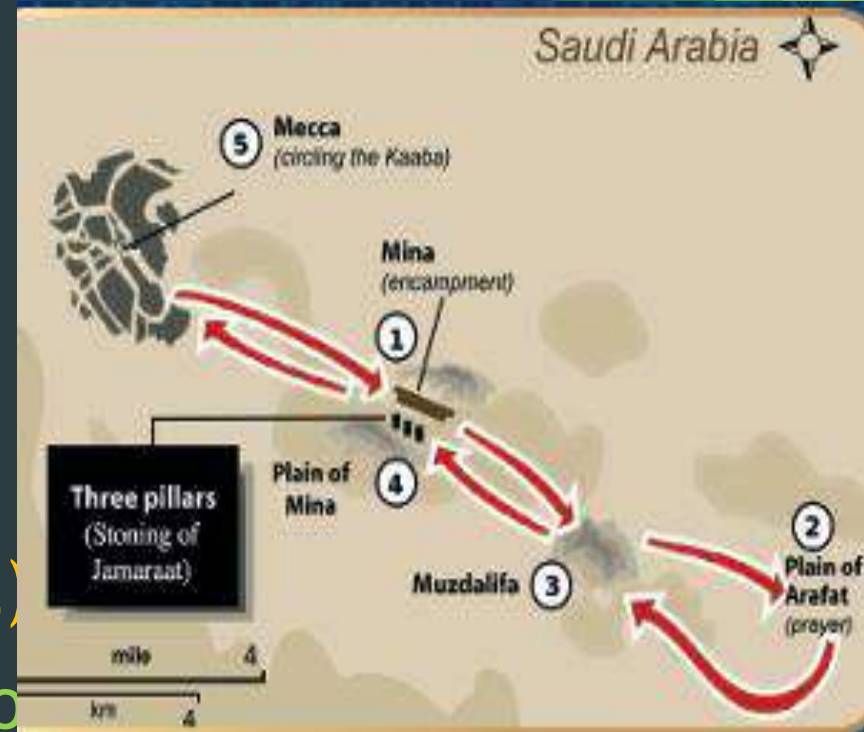
► **Doing Tawaf a Ifada/ Tawaf a Ziyarah**

☞ This Tawaf is Fard of Hajj

☞ **Tawaf + Sai'**

After completing Tawaf al-Ifadah, all Ihram restrictions are lifted (Complete Tahallul)

Return to Mina after Tawaf to spend the Days of Tashreeq.



11- 13th Dhul Hijjah

☞ Yawmut Tashriq (11- 13th Dhul Hijjah)

- ☞ Everyday stoning all three Jamarat
- ☞ Spending night at mina
- ☞ Engage in Dua, Zikir, Tilwat

☞ What to Avoid at Mina

- ☞ Unnecessary talk and acts
- ☞ Arguments and disputes
- ☞ Anger and Shouting
- ☞ Causing harm to others
- ☞ Backbiting and gossip

Jamarat

- ▶ Procedure for Stoning the Jamarat
- ▶ Throw 7 pebbles at each Jamarah. Recite "Allahu Akbar" with each pebble thrown.
- ▶ Ensure the pebble lands within the designated boundary of the Jamarah.
- ▶ Throw the pebbles one at a time (do not throw them all together)

10th Dhul Hijjah

- ▶ Stone only the Major Jamarah (Jamrat al-Aqabah) with 7 pebbles

11th & 12th Dhul Hijjah

- ▶ Stone all three Jamarat in the following order:
- ▶ Small Jamarah (Jamrat al-Sughra)
- ▶ Middle Jamarah (Jamrat al-Wusta)
- ▶ Major Jamarah (Jamrat al-Aqabah)

Total: 21 pebbles each day.

Optional: If you remain in Mina until the 13th of Dhul Hijjah, repeat the stoning of all three Jamarat (21 pebbles).

Tawaf a Wida

- ▶ Tawaf a Wida Before Leaving Makkah
- ▶ According to Hanafi Fiqh it is wajib
- ▶ Concessions for women due to natural conditions (e.g., menstruation)
- ▶ Tawaf a Wida only Tawaf no Sai'

Hajj Steps in Brief

For Tamattu' Hajj

- ☞ **Enter into Ihram:** Enter into Ihram at Miqat at do niyyah I
- ☞ **Arrival in Makkah and do Umrah:** Tawaf, Sai' , Halq (Then come out of Ihram)
- ☞ **8th Dhul Hijjah (Yawmut Tarbiyah):** Enter into Ihram again and stay at mina
- ☞ **9th Dhul Hijjah (Day of Arafah): Standing at Arafah (wuquf)**
- ☞ **Staying in Muzdalifah:** Head towards Muzdalifah after sunset, **Collecting stones**
- ☞ **10th Dhul Hijjah (Yawmun nahr (Qurbani/Eid day)**
 - ☉ Stoning Jamarat
 - ☉ Qurbani
 - ☉ Halq/Taqsir
 - ☉ Tawaf a Ifada / Tawaf a Ziyarah
- ☞ **11-12th Dhul Hijjah (Yawm w Tashreeq):** **Staying at Mina and Stoning three jamarat**
- ☞ **Tawaf a Wida:** Before leaving Makkah

Hajj Steps in Brief

Date (Dhul Hijjah)	Location	Main Activities
8th Dhul Hijjah (Day of Tarwiyah)	Makkah → Mina	Enter Ihram (if not already in Ihram), travel to Mina, and stay there.
9th Dhul Hijjah (Day of Arafah)	Mina → Arafah	Perform Wuquf at Arafah (standing at Arafah), the greatest pillar of Hajj.
Night of 9th Dhul Hijjah	Arafah → Muzdalifah	Combine Maghrib and Isha prayers, collect pebbles, and spend the night in Muzdalifah.
10th Dhul Hijjah (Day of Nahr / Eid al-Adha)	Muzdalifah → Mina	Stone the Major Jamarah (Jamrat al-Aqabah), offer Qurbani (Hady), perform Halq/Taqsir (shaving or trimming the hair), and achieve Partial Tahallul.
10th Dhul Hijjah	Mina → Makkah	Perform Tawaf al-Ifadah and Sa'i (if required), then achieve Complete Tahallul.
10th Dhul Hijjah	Makkah → Mina	Return to Mina to spend the Days of Tashreeq.
11th-12th Dhul Hijjah (Days of Tashreeq)	Mina	Stone all three Jamarat each day.
13th Dhul Hijjah (Optional)	Mina	Stone the three Jamarat if staying until the 13th.

Madinah Visit

- ✎ Pray at Masjid Nawabi
 - ✎ Ziyarah of Prophets Rawda
 - ✎ Maintain proper etiquettes and respect
- ✎ Visiting Madinah is not a Fard or Wajib part of Hajj; however, it is a highly recommended and blessed visit (Ziyarah).

Riyazul Jannah

Adab of Riyazul Jannah

- ▶ Wait Patiently
- ▶ Avoid the crowd
- ▶ Do dua
- ▶ Follow Masjid Staff
- 👉 All duas are in the link shared before

Recommendation For Women

✂ It is not allowed to cover face and hand during ihram

✂ To braid your hair before entering into ihram

✂ No tawaf during menstruation

Packing List

Essential Items	Toiletries	Medicines	Other Items
Passport & Visa	Fragrance-free soap & shampoo	Regular prescription medications	Universal travel adapter
Vaccination Card / Certificate	Fragrance-free moisturizer	Cold & pain relief medicines, inhaler	Power bank
Visa Card / Cash & Mobile Phone	Toothbrush & Toothpaste	Bandages (Band-Aids)	Pocket Qur'an / Book of Duas
Ihram garments (for men), comfortable sandals, Ihram belt	Razor, nail cutter & small scissors	Basic first-aid kit	Tasbih / Tawaf counter

Details in the Link:

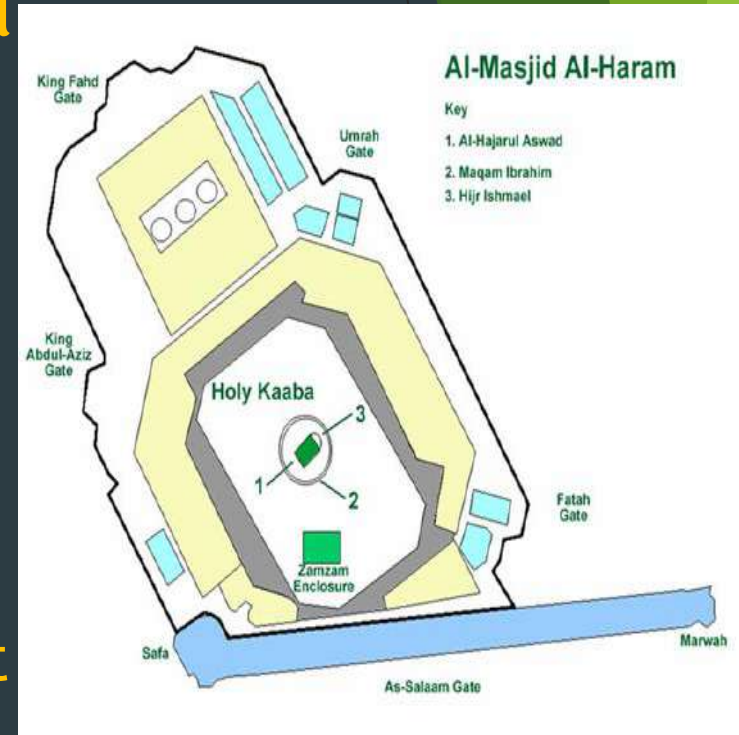
https://docs.google.com/document/d/1AvrQN2_DAW9wVKk2BwDpImBB2Y5MRrvy/edit

Hajj Preparation

Current Preparation (Before Hajj)	What to Do While Staying in Makkah
Attend Hajj training sessions	Maintain your physical health.
Learn the Hajj rituals and essential rulings.	Eat in moderation.
Learn the necessary Duas.	Drink plenty of Zamzam water.
Exercise regularly to improve physical fitness.	Avoid crowds whenever possible.
Travel with minimal luggage.	Prepare according to the weather conditions.
	Avoid unnecessary talk, arguments, anger, and backbiting.
	Maintain patience, self-control, and good manners throughout Hajj.
	Remain spiritually focused by performing Nafl Tawaf, Salah, reciting the Qur'an, making Dua, and engaging in Dhikr.
	Perform Hajj training (practice) if available.

Conclusion/ Recommendation

- Knowing the route from **Hotel to Haram**
- Historical site visit in Makkah and Madinah
- Follow **Muallim's** directions
- Be punctual in following the Hajj schedule
- Treat one another with **respect** and be helpful.



Essential Apps

- ▶ Dua & Hajj Umrah apps
- ▶ Hisniul Muslim - Bangla: <https://apps.apple.com/us/app/dua-zikr-hisnul-muslim/id1402550533?action=write-review>
- ▶ Hisnul Muslim - English:

Android: https://play.google.com/store/apps/details?id=com.admads.android.HisnulMuslim_Google_JQM&hl=en&gl=US

- ▶ iOS: <https://apps.apple.com/us/app/hisnul-muslim-%D8%AD%D8%B5%D9%86-%D8%A7%D9%84%D9%85%D8%B3%D9%84%D9%85/id603357832>
- ▶ Muslim Bangla: <https://play.google.com/store/apps/details?id=com.tos.namajtime>
- ▶ Quran App: <https://gtaf.org/apps/quran>

Bangladesh Govt Hajj App

<https://apps.apple.com/gb/app/labbaik/id6745430370>

Q & A Session

جزاك الله خيراً